



Camper Equipment List for 1 Week

Check out our [Pinterest](#) Boards for packing and camp tips!

*Available at SJ Canteen

Camper staying more than one week can send out laundry at \$7.00/8 lb. load.

- Pillow & 2 Pillow Cases
- Sheets - 1 flat and 1 fitted (cot or twin size) A queen-size fitted will wrap around the mattress.
- Mattress pad (foam or quilted fabric)
- Warm blanket
- Sleeping bag & optional lightweight liner (can be a sheet sewn to make a bag)
- 2 Bath Towels & Washcloth or Puff
- 1 Sweater or Jacket
- 1 Sweatshirt* & 1 Sweatpants*
- 5+ T- Shirts* (Optional - Please bring one in each color: **red, blue, green & purple** for Color Games & **pink** for Pink Wednesday's) **Sleeveless shirts are not allowed for riding.**
- 1 **Black** t-shirt and 1 **Black** pair of shorts for theater/skit activities
- 1 White T- Shirt for tie-dyeing*
- 5 Shorts
- 5+ Breeches or Long Pants for riding – required for riders**
- 6 Underwear
- 8 Socks
- 1 Sneakers
- 1 Rain Shoes/Boots or extra pair of sneakers
- 1 Pair old sneakers for swimming with the horses – required for riders**
- 1 Riding helmet SEI approved - required for riders**
- 1 Riding boots (paddock boots best) – required for everyone**
- 1 Sturdy Raincoat with hood - required**
- 2 Bathing Suits & 2 Beach Towels (And clothes pins to hang them to dry!)
- 1 Sandals or Teva's or Crocs
- 1 Bathrobe (optional)
- 2 Pajamas/sleepwear
- 2 Laundry bags – light weight to be washed & dried with clothes
- Plastic Toiletry Caddy with: Toothbrush, Toothpaste, Soap, Shampoo, Conditioner, Comb or Brush, Hair ties*
- Package of moleskin for blister prevention
- Clothes for Banquet Night – a casual dress or skirt & nice top, or nice short outfit (Once during Sessions 1, 2, & 3)
- 2 Water Bottles*
- 1 Flashlight & extra batteries* (Headlamps are a great choice)
- Writing materials* (Envelopes already addressed and with US postage)
- First Class & Postcard Stamps*
- Non-aerosol Insect Repellent* - required**
- Non-aerosol Sunscreen - required**
- Watch
- Shoe-box size plastic bin with tight fitting lid filled with your favorite healthy snacks (try to be nut/peanut-free)

Please try not to bring things which are harmful to the environment e.g. aerosols, disposable flashlight, etc.

Optional equipment: books, musical instruments, ½ chaps, inexpensive camera, journal, battery powered lantern, personal protective vest for x-country riding (we have vests available to borrow).

Please limit baggage to camp trunk (up to 13" high fits under most beds) and one duffel bag or backpack. Trunks are a great investment but are not required. Please label ALL equipment and clothes with camper's name. *SJ Riding Camp is not responsible for the loss or damage of personal items* so please do not bring treasured or expensive items. Personal riding and sports equipment brought to camp must meet the same safety standards and storage requirements as camp-owned equipment. www.everythingsummercamp.com - [trail609SJ](#)

Items Not Allowed: Alcohol, anything that connects to the internet, cell phones, illegal drugs, candles, lighters, (anything fire related), pets, pocketknife, tobacco, cannabis, e-cigarettes, etc, or weapons. Prescription and over-the-counter medications must be given to the Health Staff at check-in.

We suggest parents pack with their daughter, regardless of age.

LABEL EVERYTHING, including socks! Put a copy of this list in your trunk or duffel.

[SJ Swap Shop - Donate outgrown breeches and boots and/or take from our free Shop!](#)